Talking Spirit

The Symbol

The circle within a circle symbolises the “Earth Sphere” encompassed by the “Circle of Infinity”
The gold triangle symbolises the essence of Spirituality
The base of the gold triangle faces downward indicating the offering of Spirituality to the lower spheres
The blue triangle symbolises the essence of all life
The base of the blue triangle faces upward, in life’s search for Spirituality
The white background symbolises the God Light of Purity and Perfection
The Flame symbolises the Light, which can never be extinguished The Life Light

CENTRE NEWS

The Current Committee at the Centre and their Responsibilities

President - Wikitoria Fox- Ensures the Centre is run according to the Constitution, Actioning of Centre Decisions, Representative of the Centre, Chairperson of Meetings.
Vice President - Joyce Taylor- assists the President.
Public Officer - Cheryl Godden- AGM Chairperson, Overseeing of Elections, Upholds the Constitution.
Secretary - Catherine Landall- Administration.
Treasurer - Debbie Ansell- Centre Financials & Banking
Committee - Cheryl Godden
Committee - Les Sharp
Committee - Rieky Heyden
Committee - Maria Capone
Committee - Kylie Joseph
Committee - Brooke Cupitt

Spiritualism is a science, a philosophy and a religion. There is no dogma or creed.
Listed below are the seven principles that we follow.

1 The Fatherhood of God
2 The Brotherhood of Man
3 The Communion of Spirits and the Ministry of Angels
4 The Continuous Existence of the Human Soul
5 Personal Responsibility
6 Compensation and Retribution Hereafter for all Good and Evil Deeds done on Earth
7 Eternal Progress Open to Every Human Soul

Each of the Principles are open to your own personal interpretation and understanding.

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PRESIDENTS REPORT

Hi to All Members,

I hope you have all been keeping warm and well over Winter.
With Spring arriving, I hope this puts a positive spring in your step, ready to enjoy the warmer weather ahead.
It has been lovely to welcome new attendees to our Sunday Services and seeing the return of many familiar faces from the past. With the warmer weather ahead, I invite you all to join us.
The guest mediums who kindly volunteer their time to the Centre each Sunday all look forward to attending and bringing messages of love and support, to you, from your loved ones.

New Service start time. From 5th October 2025, due to the start of Daylight Saving,
Services will commence from 4pm - 5.30 pm with the doors opening at 3.30 pm.
The committee agreed that, out of respect for the medium and to reduce distractions during their address and platform, we ask that all attendees to our services please be seated 5 minutes before the start of the service. As our guest medium often channel their messages, it can be distracting to them with movement and chatting during this time. We will be closing the doors half an hour after the start of the service to allow for late arrivals.
We ask for your understanding.
The Centre continues to offer day and evening classes/courses throughout the week, featuring mediumship, spiritual healing, and other modalities of healing, as well as meditation, tarot card readings, and spiritual development. With these classes, more of the community are coming to our Centre. The students of the HSC Mediumship 2025 Course and the Spiritual Healing Level 1 Course both graduated recently. I congratulate them on this achievement.

Congratulations to our 2025 graduate mediums who platformed on August 31, 2025, supported by their facilitator and mentor, Danielle. We look forward to supporting them on their journey as mediums.
The committee continue to meet monthly to discuss new ideas for the future of our Centre and to keep the wonderful vibe that is being felt within our Centre. We encourage you to put any suggestions in writing and place them in the Suggestion Box near the blackboard. All suggestions to lift our Centre are welcome.

The Centre has been fortunate to receive a Crystal Bed for Healing. This will be made available and advertised once training is completed and a roster is in place.
FREE Pre-service Spiritual Healing.
From 7th September 2025, Pre-service Spiritual Healing from one of our certified Spiritual Healers will be **Free to current Financial Members only**. Donations accepted.
Non-members will be $15. Healing will be for 20 minutes.
Bookings must be placed by the Friday prior, by contacting myself on 0425334086 or through Facebook messenger. There will only be 6 spots available each Sunday.
Membership for the financial year 2025/2026 is now due.
All the events run at our Centre are advertised on our Facebook page. More events currently run by our members are also advertised on our notice board near our kitchenette.
I encourage you to pop in to join us at any one of our Services whenever you can. It is always wonderful to see you.

Love and light,
Wiki

HAPPY BIRTHDAY to our members!

Every Member having a Birthday in September / October is entitled to a Complimentary Pre-service Healing in your birthday month, in the Healing Room. Booking is essential by contacting Wiki, 0425334086 or through Facebook.

Happy Birthday! Enjoy!

September			**October**	
Stephen Rutherford	8th	Vicki	Sylvia Klatka	3rd
Spiteri-Triffet	17th		Cheryl Godden	5th
			Felicity Lambkin	23rd

CHANNELLED GUIDANCE by Gail Clark

Channelled Information by Gail Clark

Greetings and welcome to all who are reading and hearing these words. We ask you to listen with your heart, so that you may hear and see the underlying meaning of the words we are giving you.
As spring appears in your part of the world, it is a time to celebrate, to rejoice and to remind yourself of the many joys and blessings you each have in your life. For many people, it has been a long, difficult and sometimes lonely winter. When a person is struggling to live, to have the basic needs that all people need, safety, food, shelter, clothing, warmth, companionship, and love. Sometimes when people are in need, all these things can be buried under fear, hostility, doubt and many other emotions. We ask you to extend your patience and love to the many souls that you see are suffering, sometimes through no fault of their own, at other times through their own actions and deeds. We will remind you that each mistake and challenge that a person encounters is a learning curve onto greater self-understanding, if the person chooses to see it as such.

As the warmer weather starts to make itself known, it is Mother Earth itself is in motion. The sun is warmer and brighter. The birds instinctively feel the sense of spring, animals start to go about their instinctive tasks they do in the spring, the plant kingdom responds with new growth and the beauty of foliage and flowers. They share with the world their beauty, freshness, and sense of purpose, so a person can feel hope in their hearts. A sense of spring is in the air, even the warmth of the spring sun creates a feeling of lightness, happiness and hope. And at a deeper level of every person, a sense that better times are on the way, so we ask you to take time to acknowledge what is happening in your world.

To bring yourselves back to your Centre, to count your blessings, to acknowledge the goodness of yourself and people in your life. And to share your kindness and love with those who are less fortunate and are struggling in one way or another.

For yourself personally, it is also a time to do some inner reflection, to take stock of what you hope/want to achieve and accomplish in the warmer weather. It can be a new way of thinking, of new attitudes, fitness regime, healthier eating habits, a new challenge or dream that you wish to pursue, to test yourself, to try to bring some uniqueness and change into your own life as the remnants of winter fade away. At a personal inner level, this will give you a sense of renewal and hope which needs to be nourished. The sense of hope within you is to be nurtured as if you were a small seedling that pops its head out of the soil and stretches up to grow and reach the sky. It is of immense importance to nurture yourself in the same way continuously and consistently. Each person has many beautiful and great ideas, and yet often fails to nurture themselves by encouraging themself and reaffirming. This is a choice each person makes. It can be a sign of self-sabotage if you choose to look at it in this light. Often being mindful and aware of this act of

self-sabotage is enough to understand and change it. To realise that nurture and kindness to the self is the way forward and perhaps one of the most important things that you can do for yourself.

We leave these words with you in love and peace. Blessings to all of you, Namaste

MEDIUMS ROSTER

September:

7th. Justine Edwards
14th. Wayne Cornish
21st. Remo
28th. Tanya Paiti

October

5th. Maria Capone
12th. Leah Parker
19th. Janet Bradbrook
26th. Debbie Ansell

PARAPSYCHOLOGY

Parapsychology is the study of experiences that cannot be explained with our current level of scientific knowledge. It involves telepathy, mediumship, channelling, trance, prophecy, telekinesis, psychic knowledge, and extra-sensory abilities. Many spiritualists discover that they possess unique gifts and talents. If communicating with spirits and experiencing spiritual phenomena were a one-size-fits-all lesson, there would be many more spiritually progressive and awakened people.

Just in case there is one area of spirituality that may be streamlined into one lesson, here are some instructions for how to practise tlelekinesis - how to move objects without touching them.

1. You must believe you can do it.
2. Fold a piece of paper in half.
3. Draw a small dot on the piece of paper big enough for you to see.
4. Open the folded paper halfway and stand it up.
5. Cover your mouth and nose with your hand so you don't blow it over.
6. Focus your eyes on the dot and your mind on your hand.
7. Make a pushing motion with your hand and visualise the paper moving away from you.
8. This can take a while to master, never give up.

To see the tutorial, please visit: https://www.youtube.com/shorts/E0-kVGqAcQY

I look forward to hearing about your success!

Thank you, dwgofearth, for your guidance and contribution to your fellow humans!

Light and love to everyone and happy spring!

Alana Smyth

SEASONAL AFFIRMATION/ SPRING ENERGY

"As the earth blossoms, so do I. I embrace renewal, growth, and fresh opportunities with joy and gratitude."

Astrological Predictions for September and October 2025, using Tarot Cards

by Rieky at, Psychic Pathways, Luluai Spiritual Group

Aries		There is good news presented by a woman whom you admire for her actions. She has been trying to help and comes up with a really good idea. Time to listen to your intuition.
Taurus		There are some new options and you are not sure which way to go. Integrity is so important so trust that instinct as to what is right for you and you will find success in most aspects of your life.
Gemini		Time to have all your dreams come true...What have you been dreaming of? Make sure your list is continually growing, as you mark goals off. Stay positive as negative dreams can come true too.
Cancer		There is a woman who is trying to make her ideas heard, but she only has not got all information. Take your time before you trust others. You may have better ideas and you will win the fight.
Leo		There are many opportunities and some ideas are from far away. You will pick the winning action. Travel is an option and two places are on your list and the warm climate wins the race
Virgo		There seems to be real pain around, which is testing your strength. It may be a harsh lesson, but you will get through. You have support which surprises you in a happy after affect.
Libra		The King of Sword is not a man to play games with. What you see is what you get. If you do not like the energy, then trust your instincts. He isn't a threat and will respect your strength.
Scorpio		Time to stop and pay attention to your intuition. Meditation can answer most of your answers. There are also celebrations around choices made last year. Your being right is no surprise.
Sagittarius		There is worry about finances, but you are making things harder by your fretting. You will get the step up you need as a reward for your hard work. You will not miss out.
Capricorn		You need to stick to the traditional way of solving problems. You have fixed issues the same way and it will work again. Don't let someone undermine your confidence.
Aquarius		So many ideas and your trust in yourself is your only real hurdle. There is few things new you need to learn. Quick research or just asking a colleague can help you get where you want to go.
Pisces		There is a win coming and a big congratulations. You have battled and now is the time to enjoy your success. There is also freedom to move forward or even change your path. Make sure next choice includes fun.

RECIPE TO SHARE

2 Ingredient Scones

1 cup self-raising flour
1 cup Greek yoghurt

Mix together well. Add a little more flour if dough is too wet. Let it rest for 10 mins. Roll or pat out into 2cm thickness and cut into even squares. Place in a preheated oven at 180C and bake for 20-25 mins.

This dough can also be used for flat bread.
Let rest after mixing together well. Take small balls and roll out flat. Spray a thin layer of oil onto you frying pan and cook each side until golden brown or cooked.

This dough can also be used as a pizza base.
Let rest after mixing well. Roll out enough dough for your base. Add your pizza sauce and toppings and bake as above or cooked to your satisfaction.

WHAT'S HAPPENING AT THE CENTRE? 2025

Sunday Services:
4pm start from 5th October (with the change to daylight saving.) Doors will then open 3.30pm.
Entry: Free will offering.
NB: We ask that you be all seated 5 minutes before the start of service. Doors will be closing half hour after the start of service to reduce distraction to the medium while they are channelling their messages. We ask for your understanding. Thank you.

20 minute Pre-Service Healings: FREE to current financial members only
Available every Sunday.
All Healers are certified through HSC.
Non-members $15
Booking by the Friday prior is essential by contacting Wiki on 0452334086 or through Facebook messenger. There will only be 6 spots available each Sunday.

Post-Service Readings:
Available every 3rd Sunday of the month following service.
Cost $10 for 10 minute/1 question reading.
Bookings taken at entry prior to start of service.
Limited spaces, readers listed on the day.

Healers Haven with Cheryl:
Held fortnightly. Entry; $5 from 7pm
Dates: September 3rd and 17th
October 1st, 15th and 29th
Conditions apply, contact Cheryl for details.

Selfcare Meditation with Wiki:
1st and 4th Thursday of the month.
Dates: September 4th and 25th
October 2nd and 23rd
Entry $5

Cuppa and Cards with Rieky every Thursday:
Learn about the imagery and meaning of Tarot.
10am-12pm

7.30pm- 9.30pm

Monthly Healers Meeting:
Cancelled for Sep 7th
Next meeting Oct 5th.
10.30am - 12pm
Entry: $5

Spiritual Development Evenings with Gail
First Friday of the month.
Next: 5th Sep
Time: 7pm - 9.30pm
Cost: $30 members $35 non-members

Mediumship Practice Night with Danielle:
3rd Friday of the Month 7pm-9.30pm
Next on 19th Sep 2025
Open to All mediums who would like to sit in a group setting and practice their mediumship skills.
$30 members $35 non-members

HSC Membership due for:
Financial year 1st July 2025 - 30th June 2026
Cost: $25 or $20 Concession card.
As a financial member you will receive discounts to courses and workshops, a copy of the bi-monthly newsletter and Free Pre-service Spiritual Healing (Booking required).
You must be a member for 2 consecutive years to vote and/or be elected to the committee.

MORE EVENTS LISTED ON THE BOARD NEAR BINS

UPCOMING CENTRE ACTIVITIES:

Mediumship Practice Night with Danielle:
3rd Friday of the Month 7pm-9.30pm
Open to All mediums who would like to sit in a group setting and practice their mediumship skills.
$30 members $35 non-members

Starseeds and Light Workers Activation Circle with Tanya Paiti:
Tuesdays 7pm - 9.30pm.
$15 members 20 non-members
Includes: Meditation, Tarot readings, Psychic Development, Spiritual Healing and Sharing of knowledge and Spiritual Experiences.

Wellness Circle: - with Libby Plaza and Maria Capone
Currently on hold until the warmer weather.

Sound Bath Healing: with Debbie Ansell
On hold until further notice. Dates TBC

ACUPUNCTURE, CUPPING & AROMATHERAPY: with Justin Tran
Date - Thursday's by appointment
Time - 1pm - 5pm
Acupuncture - $80
Cupping - $50
Aromatherapy - From $50
Bookings Essential by contacting Justin - 0434 742 273

Email: kinhcare@gmail.com
Health fund rebate available

HSC Membership
Financial year 1st July-30th June
Cost: $25 or $20 Concession card.
As a financial member you will receive discounts to courses and workshops, a copy of the bi-monthly newsletter and a Free Spiritual Healing during the month of your birthday.
Membership is due for next financial year, 1st July 2025- 30th June 2026.
You must be a member for 2 consecutive years to vote and/or be elected to the committee.

If there is a particular Course or Workshop you would like to see at the Centre, please let us know via email at hills.spiritualist.centre@gmail.com or the suggestion box at the Centre.
For people who are interested in running Workshops or Courses at the Centre in 2025 - 2026 please email hills.spiritualist.centre@gmail.com an application form including terms and conditions will then be forwarded to you.

A current public liability Insurance policy is required on lodgement of an application

Please check Facebook or the Blackboard for any last-minute changes, and to keep up to date with all the latest news, please visit:

Facebook: www.facebook.com/HillsSpiritualistCentre
Email: hills.spiritualist.centre@gmail.com
Address: 32 Hope Street, Seven Hills NSW 2147