Talking Spirit

The Symbol
The circle within a circle symbolises the “Earth Sphere” encompassed by the “Circle of Infinity”
The gold triangle symbolises the essence of Spirituality
The base of the gold triangle faces downward indicating the offering of Spirituality to the lower spheres
The blue triangle symbolises the essence of all life
The base of the blue triangle faces upward, in life’s search for Spirituality
The white background symbolises the God Light of Purity and Perfection
The Flame symbolises the Light, which can never be extinguished The Life Light

Centre News

The Current Committee at the Centre and their Responsibilities
President - Wikitoria Fox, ensures the Centre is run according to the Constitution, Actioning of Centre Decisions, Representative of the Centre, Chairperson of Meetings
Vice President – Resigned
Public Officer – Interim Secretary: Cheryl Godden - AGM Chairperson, Overseeing of Elections, Upholds the Constitution, Recorder of Meeting Minutes. hi
Interim-Treasurer - Rieky Heyden – Centre Financials and Banking, Events Calendar, Newsletter
Committee - Kylie Joseph – Facebook Administration
Committee - Maria Capone – Mediums Roster
Committee - Les Sharp
Committee - Brooke Cupitt

Spiritualism is a science, a philosophy and a religion. There is no dogma or creed.

Listed below are the Seven Principles which we follow.

1 The Fatherhood of God
2 The Brotherhood of Man
3 The Communion of Spirits and the Ministry of Angels
4 The Continuous Existence of the Human Soul
5 Personal Responsibility
6 Compensation and Retribution Hereafter for all Good and Evil Deeds done on Earth
7 Eternal Progress Open to Every Human Soul

Each of the Principles are open to your own personal interpretation and understanding.

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Presidents Report

Hi everyone,

Thank you for your ongoing support of the Hills Spiritualist Centre.

Our community continues to grow, with increasing numbers attending our Sunday services. It's wonderful to see new faces joining us, along with the return of familiar ones. We are especially encouraged by the growing presence of younger members and more men becoming part of our like-minded community.

Our Centre's vision is to nurture spiritual awareness through guidance, love, friendship, and connection in a safe and supportive environment. It is my hope that each of you experiences this sense of belonging and growth with us. I warmly invite you and your friends to join us as we continue this journey together.

We are currently preparing for our first Open Day on 9th May, from 10:30am to 3:30pm. Spiritual readings and healing sessions will be available at $20 for 20 minutes each. All readers and healers are certified and members of the Centre. We would love your support and hope you can attend.

We are also getting ready for our AGM on 5th July at 3:00pm, which will replace our usual service time. I encourage all members to attend and be part of shaping the future of our Centre. Members with two consecutive years of membership are eligible to vote and be nominated for the committee. If you are interested in joining, please watch your email for the upcoming AGM notice.

Our Centre continues to host weekly events, and our Facebook page is regularly updated with all the latest information. We are also in the process of relaunching our website and will keep you informed as soon as it goes live.

Thank you again for your continued support. I hope you are all well, and I send healing thoughts to anyone in need. I look forward to seeing you at the Centre soon.

Warm regards,
Wiki
President

"It is safe to look within"

HAPPY BIRTHDAY to our members

We wish our members celebrating a birthday in May/June 2026, a safe and enjoyable birthday celebration.

May			June		
Leeanne	Delves	8	Bernard	Caldwell	9
Tim	Kupris	10	Sarah	Davies	21
Siddharth	Dhiman	12	Sandra Dawn	Armour	23
Leonie	LaRocca	20	Prashiv	Chand	24
Josie	Biega	29	Robyn	Ayliffe	25
			Sonia	Chhibber	29

Every financial Member is entitled to a Complimentary Pre-service Healing in the Healing Room. Booking is essential by contacting Wiki on 0425 334 086 or through Facebook messenger. Booking must be made by the Friday prior. Thank you

MEDIUMS ROSTER

May		June	
3rd	Gail Clarke	7th	Wayne Cornish
10th	Maria Capone	14th	Danielle Smith
17th	Stephanie McKinnon	21st	Cath Landall
24th	Marcia Quinton	28th	Kerri Irwin
31st	Debbie Ansell		

Words from Rhonda ... presented at Service 29 March 2026

I am Rhonda. Most people know me and for the newcomers, you will. Welcome to all. I have had the pleasure to be involved in the centre for many years.

I was looking for support and understanding to the path of life. At this Centre I found a warm, welcoming feeling. I have I felt lost and confused. We have all lost family, friends and pets, then we question 'WHY.' That brought me to this centre. When you come to service you enjoy the music and yourself. So not only listen with your ears, please invite your heart.

There are courses offered and I find that they open up your knowledge and answers to why. I am interested in Tarot Cards. It has helped me and to find answers.

The Centre is my go-to place, love the caring company and wise words. The door is always open with arms and heart. The butterflies on our wall are our past members, family and friend and it reminds us of their strength.

If you would like food for thought, I will leave you with these words ...

Life is a cycle of happiness and sadness,
Hard times and good times,
If you are going through a hard time,
Have faith that better days are ahead.

Thank you. Enjoy your day.

Rhonda. 26 March 2026



Presented by Gordon Lambkin - A True Medium
by Langton National Spiritualist Church,
15 April 2024

"Many people wish to become mediums, to see the spirit people, to hear them speak, to obtain counsel, to heal the sick, to help the bereaved, to give advice and assist those who are in need.

This desire is sometimes simply that of satisfying the personal ego, to be different from other people, the wish to be looked up to, and to put on the mantle of mysticism.

This is entirely the wrong approach to mediumship.

Mediumship has a purpose, and that is to demonstrate to man that he is not just a physical being, but that he is a part spirit, that this life is, but an apprenticeship for the greater and fuller life that commences with the physical death.

That through this knowledge mankind will receive the impetus to adopt an enlightened code of values that in its evolvement will outlaw war, poverty and the other ignoble trends in our present way of life.

Thus, the true motive that inspires mediumship is a spiritual one.

If this is not so, then no reason can be found for the great efforts the evolved personalities in spirit life, the teachers, philosophers, doctors and others, make to use human instruments for the progression of all souls.

Therefore, aspirants to mediumship should possess that inner yearning to be used for the higher purpose, and to view their seeking of mediumship as a means to help others.

It should be the denial of selfishness and the giving of the self to a spiritual purpose. A true medium thereby becomes a participant in the divine plan for the furtherance of good"

“I am divinely guided and protected at all times”

Channelled Information by Gail Clark

Greetings and welcome to all who are reading these words.

As the days start to grow shorter and night settles in earlier, we ask you to look and follow Mother Nature ‘s example, to notice how everything slows down, and everything starts to unwind. Mother Nature often displays bursts of colour, bringing to your attention the weather is cooling down, and a slower pace of Life is occurring. Many trees start to lose their leaves as they hibernate for the winter. Animals start to gather food for the winter to feed themselves and their offspring, while others prepared to hibernate for the colder season. There is a slower rhythm to the pace of Life.

Whatever your focus is, you can take notice from Mother Nature and make some small changes in your personal world for yourself and your families. We ask that you make a conscious effort to step back from the busyness and the mental clutter of the world during these turbulent times, settle more into your home life to create a restful sanctuary and peaceful space where you can rest and nurture yourselves. While external circumstances happen outside, in your home you can rest, recharge, rewind from the busyness of life, and slow down daily. When you can retreat from the outside world even for a brief time through your day, your body starts to relax at a deeper level, so too does your mind. Some doubts and fears which have been beneath the surface, or which you are busy to freely look at, they start to surface.

We remind you to be kind to yourselves and not to be too harsh, or too judgemental about choices and decisions you have made. Instead, be pleased and proud of yourself for making choices and decisions and moving forward with them. Sometimes with the gift of hindsight, you can see you may have made a different choice, but this is all part of the human experience. Learning and Growth.

It may help you to write them down and put onto paper, as you reread them you will recognise them for what they are, purely doubts and fears of the self, nothing more. At the right time as you relax and clear your mind of clutter, you start to look forward to continuing with your goals, or making new plans with renewed hope for the remainder of the year.

It is especially important for you all to find peace and quiet to rebalance, what better place than in the comfort of your own home surrounded by people that you care about, family and friends. However you choose to spend your quiet time we ask that you spend it in nourishing and caring for yourself and those in your world,

Namaste and blessings to all of you.

“Deep at the centre of my being is an infinite well of love”

Channelled Guidance: by Vasya

A message from HORAN (Pron: HOR-AHN)

Start:

Greetings Beloved Ones

I am Horan. I do not come as a ruler, nor as a saviour, but as a witness, a witness to your long and extraordinary journey. One who has observed your world through ages that rise and fall like tides against a timeless shore. A witness to your long and extraordinary journey.

You stand now in a moment that feels heavy, uncertain, perhaps even fractured, but understand this, you have stood in such moments before. You ask for reassurance in moments that feel heavy and shadowed as you perceive it now.

So, listen closely. Darkness on your world is not an ending. It is a remembering. Time and again, your world has trembled.

Time and again, you have wondered if the light would fade for good. And yet, across ages and generations, you have done something remarkable, you have chosen to continue. You have chosen one another.

You are a species that forgets its strength in the storm, but remembers it in the rebuilding. In your darkest hours, kindness has not vanished, it has gone quiet, waiting for brave hands to bring it forward again. Courage has not left you; it has simply been asking to be claimed.

We have seen your history not as a series of endings, but as a rhythm of falling and rising. Each time you rise, you carry more wisdom, more compassion, more understanding of what truly matters. This moment is no different.

We have watched you grieve, divide, forget your connection to one another. We have also watched you love beyond reason, rebuild after devastation, and reach for light even when you doubted it existed.

Do not mistake turbulence for failure.

Love, on your world, is not fragile. It bends, it hides, it grieves, but it does not disappear. It persists in small acts, in unseen choices, in the quiet refusal to give up on each other. And it is through these smallest sparks that entire futures are rewritten.

Dear one's, all is not lost. In truth, much is still being created.

You are not at the end of your story, you are in a turning point, a page where the next chapter is being shaped not by fate alone, but by your collective will. What comes next is not predetermined. It is authored, by you.

Even in the darkest chapters, the page always turns, not by chance, but because someone chooses to turn it.

Be those someone's.

There has never been a moment in your history where all light was extinguished.

Even in your darkest ages, there were always quiet keepers, those who held compassion, wisdom, and truth like small lanterns in vast night.

We are watching, not to judge, but to remind you, you have always found your way back to the light.

And you will again, perhaps now… you are one of them.
We send you, our light. We send you, our love.
Until next time, may you walk in harmony and peace.
With infinite love and support

End:

Message from Maria

Psychics, AI, and Mediumship, what are the differences by Maria Capone

At this stage of my understanding, experience and studies I will share what I know and am open for further discussion from our curious community

Psychics blend through their senses, an altered state of awareness to the recipients' auric field. Psychics have fine-tuned their extra sensory perception (ESP), their ability to sense, see and feel everything that has ever happened, is happening and may happen to the recipient they are reading by tuning into the recipient's energy field. This is a two-way interaction, a subtle conversation. This may provide clarity, direction for possible future choices and healing to the recipient.

AI mediumship offers a generated symphony of words that are directed exactly to what people want to hear from their loved ones. The recipient types in a name, a date of birth and death into a keyboard and bam, here is the information needed for the AI. You, the recipient has provided the information, AI retrieves it from the world wide web and offers it back to you. This is a two-way interaction, AI to human, lovely words of comfort and platitudes offered to the recipient.

A medium blends to the Spirit world through their psychic senses, an altered state of awareness. Blending with the intelligence of the Spirit world who offer information which is then confirmed and made evidential by the recipient. Truth and fact for the recipient, a three-way interaction. Spirit offers information that is evidential, so the recipient knows and feels within themselves that their loved one is truly present. This offers a depth of clarity and healing for their grief that is specific to the relationship. Receiving what is needed instead of what is wanted. A three-way conversation in real time beyond the human world to the Spirit World.

A Psychic connects to a recipients auric/energy field, offering what the psychic perceives.

AI simulates human intelligence, offering information to the recipient.

Mediumship is Spirit intelligence, a medium offers the recipient what is received by the Spirit world, a three-way communication or conversation.

Using AI in mediumship we dismiss the intelligence of the Spirit world, pushing aside our loved ones in the world of spirit who are ready to have a conversation. Disrespecting the sacredness of our personal spirt and the world of Spirit.

Our lack of understanding in the workings of ethical mediums and psychics leaves space for charlatans and of course in this case AI mediumship. Dipping into monetization, followers and sensationalism instead of the sacredness and healing that comes with mental mediumship. The guidance and grace of holding space by ethical psychics and mediums should not be misrepresented.

The distinction is simply this, AI is artificial. We are real and the Spirit world is real. All connections are based in provable and measurable science.

"I claim my power and move beyond all limitations"

Astrological Predictions for May and June 2026, using Tarot Cards, by Rieky from Psychic Pathways, Luluai Spiritual Group

Aries		Projects have new aspects, which build quickly. Options to start a brand-new life is also possible. A birth can be a possible welcome gift. Happiness begins from a source you have been expecting and its extra.
Taurus		Time for that to-do list, which needs editing to be clear, as you have changed. All can be achieved and you will be happy. News of a someone's success makes for shared celebrations.
Gemini		Not a time to be rash. There is enough for what you want to do, but a mistake can be made, if you rush. Watch for scams. Being careful can protect you. Happy outcomes should arrive before Christmas
Cancer		Sudden major change is coming so be prepared. A clear to-do list helps you notice the signs of which way to go. A better path you did not think would be a possibility arrives. A delightful surprise.
Leo		Your efforts have been blocked and you have worked hard to work through. Now is the time to be grateful for the challenging work you have done and enjoy the clearing of the negativity.
Virgo		A strong possibility is brought to you by a young man who cares. Not written in stone and you can choose to reject, but it can give you new ideas on how to help yourself.
Libra		Happiness in winning from your efforts. You have tried hard and now it is time to enjoy the winnings. New plans are already formulating and the next projects can begin, which brings more success to you.
Scorpio		New Hobby? New Passion. Time to work at projects which bring you joy. Review medications with your doctor, as you may be healthier and be able to adjust, if not drop some medication.
Sagittarius		You have lost, but now have opportunities, which can be more satisfying. Old plans may resurface when time passes as now is not the right time. It is now time to see what other paths are possible.
Capricorn		Parties, especially for others seem important now. Some could help give you ideas of paths you could follow, but also happiness sharing others' successes. Giving you encouragement to continue.
Aquarius		Finally getting signs of success. Keep going as it is your time to accomplish your dreams. Unexpected wins also help encourage you to keep it up. Continue building your foundations
Pisces		Changes are big, but do not rush in case you falter. Taking one step at a time helps keep you focused and moving forward. Not what you expected, allows you to see other possibility of new and better path.

Psychic Pathways, Luluai Spiritual Group.
Ph :0423583994; Email: rieky@psychic-pathways.com

WHAT'S HAPPENING AT THE CENTRE

Sunday Services

Every Sunday **begins at 3pm and Doors open at 2:30pm**

May 3rd, 10th, 17th, 24th, 31st
June 7th, 14th, 21st, 28th

Please be seated by 3pm for a prompt start. Entry: Free will offering. Cash/Eftpos accepted.

Pre-Service Healing - FREE 20-minute healing to current financial members OR $15 to non-members.

Every Sunday, 2pm, limited spots available. Bookings essential by the Friday prior, by contacting Wiki on 0425 334 086

Post Service - Open Development with Maria

May 17th & 24th - 6:15-7:15pm
Costs $10 for Members; $20 Non-Members, ring Maria: 0417250112

Post Service Reading

Every 3rd Sunday following service from 5.45pm.
Cost $10 for 10 mins/1 question reading.
Bookings taken on entry to the service at 4pm. Limited spaces, readers listed on the day.

(Tarot card readings are available whenever Rieky is in attendance except on the 1st Sunday of the month)

Healers Haven: with Cheryl - Held Wednesday, fortnightly.

When: May 6th, 20th, June 3rd, 17th 2026
Time: 7pm-9pm - Entry: $5
Conditions apply, contact Cheryl for details on 0404 159 985

Self-care Healing Meditation: with Wiki - Fortnightly Thursdays

When: May 7th, 21st, June 4th, 18th, 2026
6pm-7pm - Entry: $5

Monthly Healers Meeting - 1st Sunday of the month. Welcome to all.

When: May 3rd, June 6th, 2026
10.30am-12pm Entry $5

3rd May - Guest Speaker: Wikitoria Fox.
Topic: The Spiritual Healer within You

What's Happening at the Centre: continue upcoming Centre Activities

*****OPEN DAY ***OPEN DAY****OPEN DAY*****

10:30AM – 3:30 Saturday 9th of May
Spiritual Healing, Readings – Tarot, Oracle, Psychic & Mediumship Readings, Numerology, Palmistry & Book sales.
Book your Spot on the day – doors open at 10:15am, $20 for 20 minutes

Friday Night Psychic Insights: with Maria Capone

Every second Friday of the month, 7pm-9:30pm
May 8th & June 12th
Bookings essential call or text 0417 250 112
Entry $30.00

Mediumship Practice Group: with Danielle

3rd Friday of the Month.
Starting May15th, June 19th 2026
Time: 7pm-9.30pm
Cost: $30 members $35 non-members
Open to all Mediums that would like to sit in a group setting and practice their mediumship skills.

Spiritual Healing Course Level 1/2: with Wiki

Starting Monday 13th April for 12 weeks, Level 1
Evening session:7pm - 9pm cost $30 members, $35 non-members

L1 is 12 week, Starting April 13th
Topics you will cover: Personal preparation, Chakra system and balancing, absent/distant healing, grounding, meditation and more.
L2 is a 10-week course.
Will follow L1 with a date to be confirmed.

Cuppa's and Cards: with Rieky - Every Thursday: Entry $20.00 - All welcome.
Morning Session: 10am
Evening Session: 7.30pm

HSC Membership - Financial year, 1st July-30th June. Cost: $25 or $20 Concession card.

As a financial member you will receive:

- ✓ Discounts to courses and workshops.
- ✓ A copy of the bi-monthly newsletter
- ✓ FREE Pre-service Spiritual Healing when spots are available.

You must be a financial member for 2 consecutive years to vote and/or be elected to the committee.

More workshops will be advised when available

If there is a particular Course or Workshop you would like to see at the Centre, please let us know via email hills.spiritualist.centre@gmail.com or the suggestion box at the Centre.

For people who are interested in running Workshops or Courses at the Centre in 2026

For more information, please email hills.spiritualist.centre@gmail.com

An application form including terms and conditions will then be forwarded to you

A current public liability Insurance policy is required on lodgement of an application

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Recipe to Share

Anzac Biscuit Recipe

- 150g (1 cup) plain flour
- 220g (1 cup) sugar
- 100g (1 cup) rolled oats
- 90g (1 cup) desiccated coconut
- 125g butter1 tablespoon golden syrup
- 2 tablespoons boiling water
- 1 teaspoon bicarbonate of soda

METHOD
Preheat the oven to 180 degrees Celsius and lightly grease two baking trays.
Combine the flour in a bowl with the sugar, rolled oats and coconut.
Melt the butter in a saucepan with the golden syrup over medium heat.
Combine the boiling water with the bicarbonate of soda and stir to dissolve.
Add to the butter mixture and mix well, then stir into the dry ingredients until thoroughly combined.
Drop teaspoons of the mixture onto the trays, allowing room for spreading.
Bake for 10 minutes, or until golden brown.
Allow to cool on the tray for a few minutes before transferring to a wire rack to cool completely.

"Everyone I encounter today has my best interests at heart"

Please visit Facebook or the Blackboard for any last-minute changes

Facebook: www.facebook.com/HillsSpiritualistCentre - Email: hills.spiritualist.centre@gmail.com

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